



# OAT DRINK NATURAL

## About Oat drink natural

### Description

Oat Drink Natural is an organic drink with a delicious oat flavor. Oat Drink Natural is made from whole organic oats. It contains no added sugars and owes its natural sweetness to the sugars formed during the fermentation process, which converts the oat starch into natural sugars. This drink is 100% vegetarian and lactose free. It is also low in fat.

### Use

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### Ingredients

water, OATS\* 15%, sunflower oil\*, sea salt.

\*organically grown

### Packaging

1000 ml.

### Product organically grown

100% of the agricultural ingredients are from organic farming



AB



VEGAN



NO ADDED SUGARS



LOW SALT



LOW SATURATED FAT



TETRA

## Nutritional analysis

### Average nutritional value per

	g/100ml	portion 200ml	%RI	RI
<b>Energy</b>	200 kJ	400 kJ		
	48 kcal	96 kcal	5.00	2000 kcal
<b>Fat</b>	1,3 g	2,6 g	4.00	70 g
of which saturates	0,3 g	0,6 g	3.00	20 g
of which mono-unsaturates	0.9 g	1,8 g		
of which polyunsaturates	0,2 g	0 g		
<b>Carbohydrates</b>	8,4 g	17 g	6.00	260 g
of which sugars	5,6 g	11 g	12.00	90 g
<b>Fibre</b>	0 g	0,6 g		
<b>Protein</b>	0 g	0,8 g	2.00	50 g
<b>Salt</b>	0,13 g	0 g	4.00	6 g

RI: Reference intake of an average adult (8400 kJ/2000 kcal)

## Allergen info

### Ingredients

water, OATS\* 15%, sunflower oil\*, sea salt.

\* = organically grown

### Allergens present in this product:

Gluten & Oats