



RICE CAKES THIN

About Rice cakes thin

Description

Rice cakes are very nourishing, thanks to the nutrients from the wholegrain cereals. They are low in saturated fat and low in sugars. These rice cakes are gluten-free and 100% organic.

Use

Can be eaten as such or with a spread like a slice of bread. The cakes combine perfectly with both sweet and spicy spreads.

Ingredients

wholegrain rice* 99,7%, sea salt.

*organically grown

Packaging

130 g.

Product organically grown

100% of the agricultural ingredients are from organic farming



AB



VEGAN



GLUTENFREE



COELIAC



SOURCE OF

FIBRE



NO ADDED SUGARS



LOW SALT



LOW SATURATED FAT

Nutritional analysis

Average nutritional value per

	g/100g	portion 5g	%RI	RI
Energy	1644 kJ	82 kJ		
	388 kcal	19 kcal	1.00	2000 kcal
Fat	3.0 g	0 g	0.00	70 g
of which saturates	0.6 g	0 g	0.00	20 g
of which mono-unsaturates	1.2 g	0 g		
of which polyunsaturates	1.2 g	0 g		
Carbohydrates	81 g	4.0 g	2.00	260 g
of which sugars	0.9 g	0 g	0.00	90 g
Fibre	3.4 g	0 g		
Protein	7.9 g	0 g	1.00	50 g
Salt	0.28 g	0 g	0.00	6 g

RI: Reference intake of an average adult (8400 kJ/2000 kcal)

Allergen info

Ingredients

wholegrain rice* 99,7%, sea salt.

* = organically grown

This product may contain traces of:

Sesame