



CHICK PEA CAKE

About Chick pea cake

Description

The chickpea-based protein cake is a variant of the well-known cereal cake. This crispy variant has the typical taste of chickpeas and is full of proteins (20%) that give you energy all day long. The cake is enriched with quinoa and is the perfect snack. Moreover, the chickpea cake contains no salt or gluten and is rich in fibre. A healthy, nutritious snack, perfect if you have less time for breakfast or as an extra with a meal.

Use

Can be eaten as such or with a spread like a slice of bread. The cakes combine perfectly with both sweet and spicy spreads.

Ingredients

chickpea flour* 36,5%, lentil flour*, corn*, tapioca starch*, quinoa*, millet*.

*organically grown

Packaging

100 g.

Product organically grown

100% of the agricultural ingredients are from organic farming



AB



VEGAN



GLUTENFREE



COELIAC



SOURCE OF

PROTEIN



SOURCE OF

FIBRE



NO ADDED SUGARS



LOW SALT



LOW SATURATED FAT

Nutritional analysis

Average nutritional value per

	g/100g	portion 7.7g	%RI	RI
Energy	1604 kJ	124 kJ		
	380 kcal	29 kcal	1.00	2000 kcal
Fat	3.6 g	0 g	0.00	70 g
of which saturates	0.5 g	0 g	0.00	20 g
of which mono-unsaturates				
of which polyunsaturates				
Carbohydrates	63 g	4.8 g	2.00	260 g
of which sugars	2.3 g	0 g	0.00	90 g
Fibre	8.6 g	0.7 g		
Protein	20 g	1.5 g	3.00	50 g
Salt	0 g	0 g	0.00	6 g

RI: Reference intake of an average adult (8400 kJ/2000 kcal)

Allergen info

Ingredients

chickpea flour* 36,5%, lentil flour*, corn*, tapioca starch*, quinoa*, millet*.

* = organically grown

This product may contain traces of:

Sesame, Soy & Milk